

To Whom It May Concern:

I am the director of the Auckland Opera Studio and I work with young singers from around New Zealand.

One of the most important aspects of singing is the necessity to understand the body, and most specifically the breathing system and all its associated muscles.

This understanding releases the voice, supports it and creates the energy and the space for the miracle of the resonating and amplifying of the sound, which comes from the larynx and the resonator. A great breathing system is almost more important than a great natural voice.

The body wall has been a miracle worker particularly in the case of a young soprano who has just won a place at the Royal College of Music in London. The changes of the function of her breathing pattern and her ability to cope in a performing situation have made all the difference to her success and therefore to her possible future on the international music scene.

I have three other students working in the Body Wall now, and after teaching in London and New York for the last thirty years, I never want to do without the Body Wall for my students. Its power and effects are astounding and I myself am absolutely a believer in it.

We have a tradition in New Zealand for producing great singers. This amazing tool can only enhance this phenomena. I cannot recommend the Body Wall to you highly enough.

Yours Sincerely,



Frances Wilson